



Canadian College of  
**Osteopathy**  
Toronto

Profession: Osteopathic  
Manual Practitioner

More than  
you think ...



# Osteopathy

Osteopathy was developed in 1874 by Dr. Andrew Taylor Still, a US physician and surgeon. Osteopathy is a manual medicine whose therapeutic goal is to restore the body's mobility and function by treating the causes of pain, symptoms and dysfunctions.

This approach attempts to restore harmony between parts of the body and to standardize their functions (bones, joints, ligaments, muscles, tendons, organs, guts, cranial sutures, etc.).

An Osteopathic Manual Practitioner is not just interested in discomfort, rather they consider the patient as a whole.





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## Clinical **Consultation**

An Osteopathic Manual Practitioner is consulted to evaluate and treat the causes of dysfunction in the body:

- Pain (joint, muscle, neurological)
- Injuries (related to sports, work, or motor vehicle accidents)
- Visceral or organic disorders (respiratory, digestive, gynecological, urological)
- Problems in infants and children (otitis, regurgitation and others)
- Various ailments (stress, fatigue, migraine, pre-surgery, post-surgery)
- Physical preparation for better athletic and school performance



# A Rewarding Career In Osteopathy

Osteopathy is a discipline oriented towards healing others. By applying specific techniques, the Osteopathic Manual Practitioner returns mobility to the tissues and promotes the balance and health of the organism. The trained practitioner has developed their palpation skills and their hands are their tools.

Considering the human being as a whole, the Osteopathic Manual Practitioner not only helps their patient in the treatment of dysfunction, but in finding its root causes. If you want to address health in its many aspects – mental, emotional and physical – osteopathy is a rewarding and challenging career.

The Ontario Association of Osteopathic Manual Practitioners (OAO)—an organization originally founded in 1999 by students and graduates of the CCO—is developing a submission to the Ontario government to have manual Osteopathy become regulated in the province. This process will take a significant amount of planning and time. The OAO is committed to fostering the practice and professional advancement of osteopathy in Ontario. As well, the OAO ensures that their members meet the highest standard of training as set out by the WHO. As a graduate of the CCO, you are eligible to become a member of the OAO.



# Our history

In 1981, Philippe Druelle, D.O., founded the first osteopathic school in Canada, the "Collège d'Études Ostéopathiques" in Montréal. Associated colleges, including the DOK in Germany (1991), the CCO–Toronto (1992), the CEOQ in Québec City (1996), the CSO- Vancouver (2001), the CEO–Halifax (2002), SICO in Switzerland (2002) and CCO–Winnipeg (2010), were subsequently established. The CCO proudly offers students more than 38 years of experience in the training of safe and effective osteopaths.

The lineage of Traditional Osteopaths can be followed directly to the faculty of the CCO. In particular, such renowned Osteopaths as Thomas Schooley, DO; Denis Brooks, DO; Anne Wales, DO; and Viola Frymann, DO, have all either been instructors in the college's faculty or guest lecturers at symposiums held by the CEO and CCO. These Osteopaths were all students of William Garner Sutherland, who was a student of A.T. Still's 1900 graduating class.

The direct lineage from the founding predecessors of traditional Osteopathy distinguishes the education program offered by CCO from all other osteopathic colleges in Canada.



# Part-time Study Program

Our Osteopathic program combines a comprehensive blend of osteopathic philosophy, theory, methodology, techniques, clinical applications and research elements – each of which is introduced in a progressive and cumulative manner.

We offer a part-time, in class program completed over the course of 4 years of classroom study followed by one year of independent philosophical, clinical, or experimental research to obtain the D.O.M.P. (Diploma in Osteopathy Manual Practice) and the D.Sc.O (Diploma in Science of Osteopathy).

The curriculum is presented under the guidance of the college's faculty in a classroom setting. Each session is five days in length, Thursday to Monday, minimizing time lost from the student's full-time employment.

For more information about our program, admissions and events, please contact our registrar at [admission@ceosteo.ca](mailto:admission@ceosteo.ca) or visit our website.



**“An osteopath is an engineer, a watchmaker for the body who not only evaluates and treats the causes of functional disorders, but also verifies the essential workings of the patient’s physiology that govern the balance and health of the human being”**

*Philippe Druelle, D.O.  
Founder - President*



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