



# *Canadian School of* **Osteopathy**

## **Study Program Guide**



## **Vancouver**

## **Cohort 2025**



"**Canadian School of Osteopathy Manual Practice – Vancouver** is regulated by the Private Training Institutions Branch of the Ministry of Advanced Education, Skills & Training (PTIB)."



EQA is a Government of British Columbia brand for quality for private and public post-secondary education in British Columbia.

# Admission to the **CSO Vancouver**



## Our Program

Our osteopathic program is a **part-time, in class** program.  
The entire training program takes **4 years and a half**.  
Our students graduate with a D.O.M.P. (Diploma in Osteopathy Manual Practice)

## Academic Year

**Next Session :** Fall 2025

**Seminars :** 8 or 7 seminars per year

Each session is five days to six days in length, falling over a weekend in order to minimize time lost from the student's full time employment.

**Class hours :** 8:30 a.m. to 5:30 p.m. including a one-hour for lunch break.

## Admission

Please fill out the application form and send it by e-mail to [admission@ceosteo.ca](mailto:admission@ceosteo.ca) with all requested documents.

### **Elyse sandrine**

Registrar– Admissions Office

Téléphone : 514 342-2816, poste 229

Courriel : [admission@ceosteo.ca](mailto:admission@ceosteo.ca)



# Admission criteria



Our program is a graduate level program and is geared toward **health professionals who have a thorough understanding of human anatomy**. Depending on your level of qualifications, you may gain direct entry into our program, or entry with additional requirements.

## To meet our admission criteria:

✓ You hold a bachelor in these health programs

- Medicine
- Physiotherapy
- Occupational therapy
- Sports and athletic therapy
- Chiropractic
- Kinesiologist
- Nursing science
- Veterinary medicine
- Midwives

✓ Or you hold one of the following diplomas

- Acupuncture diploma
- Doctorate in Naturopathic Medicine
- Homeopathy diploma
- Practical nursing diploma
- Massage therapist - with 2200 hours or more

*If you have a degree in a field unrelated to the program, or you only hold a high school diploma, you may be eligible for the full-time basic science program offered at our Montreal campus (please note the program is offered in French only).*

## Eligibility For International Students

We can accept foreign students. A specific admission procedure is required.  
For more information, please contact our registrar at [admission@ceosteo.ca](mailto:admission@ceosteo.ca).

Applicants who completed a Bachelor's Degree in which English was the primary language of instruction in the following disciplines, Medicine, Physiotherapy, Occupational Therapy, Sports and athletic therapy, Chiropractic, Kinesiology, Nursing Science, Veterinary medicine, Midwife or applicants who completed a diploma in which English was the primary language of instruction in the following disciplines, Acupuncture, Doctorate in Naturopathic Medicine, Homeopathy or Practical nursing and Massage Therapy are exempt from submitting a proof of english proficiency.

All the other applicants must demonstrate English proficiency with the following exams:

- **CELP: Canadian English Language Proficiency Index Program** – CELPIP-General; 9 or higher in each category.
- **IELTS: International English Language Testing System** – General Training; 7 or higher in each category.

# Our Study Program



Our program meets the Osteopathy BC 's requirements and WHO Benchmarks.

## **First year:**

Palpation Course, History and concepts of Osteopathy, General Osteopathic Treatment, Pelvis, General Pathophysiology, Strain Counterstrain, Lower Extremity, Orthopedic and Neurological Assessment.

## **Second year:**

Lumbar Spine, Vault Bones, Muscle Energy, Embryology, Dorsal Spine and Ribs, Cervical Spine, Upper Extremity, Lymphatics, Pharmacology, Functional Emergency Technics.

## **Third year:**

Occiput/Atlas/Axis, Bones of the Face, Cranial Osteopathy - Advance Course, Pathophysiology Digestive System, Introduction to Digestive System, Small and Large Intestines, Hepatic System

## **Fourth year:**

Kidneys - Introduction to Gynaecology, Bladder - Gynaecology and Obstetrics, Pathophysiology, Cardio-Respiratory System, Radiology, Respiratory System: Plura and Lungs, Pericardium and Heart, Paediatrics and Newborns, Autoregulation System.

## **Fifth year:**

Review for Practical Exams, Written Exam, Practical Exam, Essay, Clinical Days.

WHO: World Health Organization



# Clinical Training



## General Objectives : 10 competencies

The clinical training portion of the program focuses on teaching students how to conduct a professional consultation from an osteopathic manual perspective. Osteopathic manual practices benefit people of all ages, from infants to the elderly.

### Specific Objectives:

- Perform intake process using appropriate and thorough questioning
- Accurately record pertinent subjective and objective information
- Development of a comprehensive treatment plan based on mutually agreed upon goals and clinical findings
- Execution of the treatment plan in a stepwise fashion
- Reevaluation of objective/subjective findings
- Provision of homecare advice and exercises
- Selection and execution of appropriate assessment and tests

### Ongoing Objectives:

- Maintaining professional and ethical rapport
- Incorporation of evidence based research in clinical care
- Strengthen the ability to form an appropriate differential diagnosis and treatment plan
- Continuous assessment of safety and ethics practices
- Practical application of osteopathic principles in clinical practice
- Efficiency and time management
- Communication with other healthcare professionals
- Professional record keeping
- Business aspects of clinic operations (e.g. marketing, bookkeeping, scheduling, and invoicing and multitasking)

## Clinical Training – 1000 hours

- Integration days, clinical methodology, clinical days, paediatric clinical days
- Osteopathic applications in private practice
- Clinical observation at an osteopathic manual practitioner
- Approved continuing education courses
- Humanitarian mission

Our program meets the Osteopathy BC's requirements and WHO Benchmarks.

# Advantages of the CSO



- At the CSO, our program focuses on the essential features of osteopathic manual practice that sets it apart from other forms of manual therapy. The most important of these features is the practitioner's **ability to palpate** tissue tension, texture, and subtle motions.
- Time and **instructor feedback** are the most crucial elements of one's palpation development.
- All of our faculty have been chosen not only for their competencies, education, and expertise, but also because they are passionate about transmitting their knowledge and skill to students.
- The majority of our faculty members and clinical instructors have 10-40 years of experience.

## Other advantages offered by the CSO include the following:

- Our students can take courses at our other campuses (Halifax, Vancouver, Winnipeg and in French at Quebec and Montreal) or in Europe (Germany and Switzerland).
- Our continuing education classes are taught by some of the world's most renowned and skilled osteopathic manual practitioners and physicians. All of our campuses, national and international, offer a wide range of annual continuing education opportunities.
- Students are provided all notes electronically two weeks prior to the start of each course.
- Courses are held over five consecutive days encompassing the weekend, providing our students with the flexibility to manage their schedules.

## Choosing the CSO

Choosing where you will take your education in osteopathic manual practice requires careful consideration. The CSO was the first osteopathic educational institution to be established in Canada, more than 40 years ago. Since then, the college has graduated some of the most qualified and accomplished osteopathic professionals in the province. Although shorter programs at other institutions may seem enticing, it is important to realize that osteopathy is much more than learning techniques.







# Canadian School of Osteopathy

## **Vancouver Campus**

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Canada, V6A 4C7

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[www.collegeosteo.com/vancouver](http://www.collegeosteo.com/vancouver)



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