



**CEO (Osteopathic Studies) Inc.**  
Manual Practice-Halifax Campus



Informations  
on our programs  
in **Osteopathy**

Academic year

2024-2025

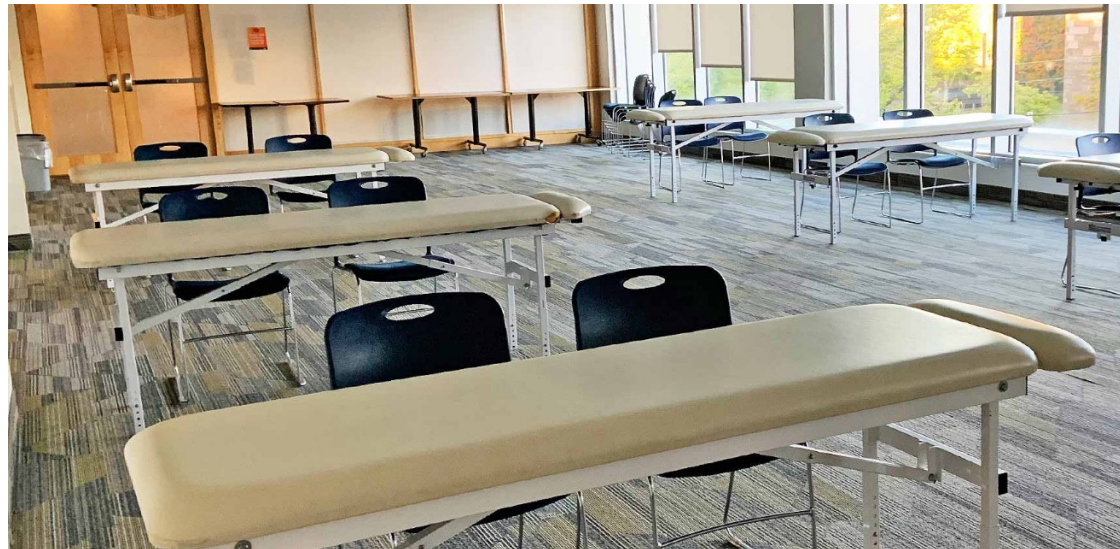


# Welcome to the CEO Halifax

We are available every day to answer all of your questions.

You can contact Florent Bartolucci, our registrar, who is available Monday to Friday, from 9:00 a.m. to 4:30 p.m. (Montreal local time), by phone at 1-800-263-2816, ext. 229, or by e-mail at [admission@ceosteo.com](mailto:admission@ceosteo.com).

**[www.collegeosteo.com](http://www.collegeosteo.com)**



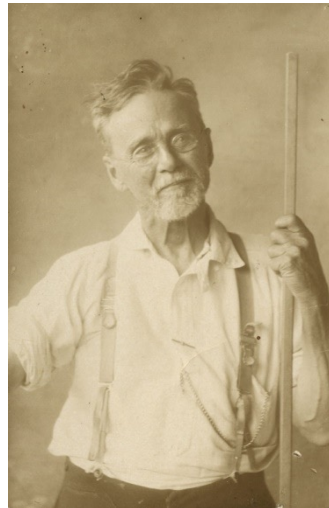
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# Definition of Osteopathy

Traditional osteopathy, as presented by the CEO Halifax, is defined as:

“A natural manual therapy which aims to restore function in the body by treating the causes of pain and imbalance. To achieve this goal, the osteopathic manual practitioner relies on the quality and finesse of his palpation and works with the position, mobility and quality of the tissues”.

*The profession of osteopathy was founded single-handedly in 1874 by an American physician, with a mechanical background, named **Andrew Taylor Still** (1828-1917).*



Dr. Still with his students - dissection class, 1901

# Osteopathy is a philosophy



- *The objective is to restore function to the organism by treating causes of dysfunction, pain and imbalance.*
- *The osteopathic manual practitioner (D.O.M.P.) uses the quality and finesse of his/her palpation skills to evaluate and treat patients.*
- *He determines the position, mobility and vitality (quality) of the tissue.*

Philippe Druelle, D.O. (FR, CA)



# Advantages of the CEO Halifax

- At the CEO, our program focuses on the essential features of osteopathic manual practice that sets it apart from other forms of manual therapy.
- The most important of these features is the practitioner's ability to palpate tissue tension, texture, and subtle motions. Time and instructor feedback are the most crucial elements of one's palpation development.
- All of our faculty members have been chosen not only for their competencies, education, and expertise but also because they are passionate about transmitting their knowledge and skill to students.
- The majority of our faculty members and clinical instructors have 10-40 years of experience.



# Other advantages offered by the CEO Halifax include the following:



- Students can start their studies at one of our campuses and finish them at another of our campuses across Canada (Vancouver, Winnipeg, Toronto, and Halifax or in Europe (Germany and Switzerland) in English, Montreal and Quebec City in French).
- Our continuing education classes are taught by some of the world's most renowned and skilled osteopaths and physicians. All of our campuses, national and international, offer a wide range of annual continuing education opportunities.
- Students are provided all notes electronically two weeks prior to the start of each course.
- Courses are held over five consecutive days encompassing the weekend, providing our students with the flexibility to manage their schedules.
- They also have the flexibility to take a course at any of our other 7 campuses if scheduling conflicts arise or transfer to a different campus if the need arises.



# Why choose to study Osteopathy at the CEO Halifax?

Choosing where you will take your education in osteopathic manual practice requires careful consideration.

Our flagship campus first opened its doors in Montreal in 1981 and the college has since built a global reputation for excellence in the field of osteopathic education.

Established in Halifax in 2002, the CEO Halifax remains the preeminent school to obtain the most comprehensive education and training in preparation for a successful career in osteopathy.

More than 1,800 osteopathic manual practitioners have graduated from the colleges nationwide.



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# Our Study Program

We offer a 5-year part-time program for health professionals.  
(8 or 7 seminars per year, the first 4 years)

Our students graduate with a D.O.M.P. (Diploma in Osteopathy Manual Practice)





# Learn how to use osteopathic techniques



# First-year program

<b>1</b> First Year Program	Course ID.	In class/ Online	Home Study	Clinical Experience
Palpation Course	110PALP	40h	—	—
History and concepts of Osteopathy - General Osteopathic Treatment	101TOGH	32h	64h	—
Integration Days	160INTE	—	—	24h
Pelvis 1: Sacrum, Sphenobasilar Evaluation and Correction	102PEL	32h	64h	—
Clinical Methodology	170METH	—	—	24h
Pelvis 2: Iliac, Public Symphysis, Coxofemoral, Temporal Bone	103PEL	32h	64h	—
General Pathophysiology 1	108PAT1	16h	32h	—
General Pathophysiology 1 Online Course	108ONLINE	24h	—	—
Strain Counterstrain	104SCST	32h	64h	—
Lower Extremity 1: Foot advanced Sphenobasilar Lesion	105LOW1	32h	64h	—
Oral Presentations	120ORAL	16h	32h	—
Lower Extremity 2: Knee	106LOW2	16h	32h	—
Orthopedic and Neurological Assessment	109EVAL	40h	80h	—
<b>Total hours</b>		<b>312h</b>	<b>496h</b>	<b>48h</b>



# Second-year program

<b>2</b> Second Year Program	Course ID.	In class/ Online	Home Study	Clinical Experience
Lumbar Spine, Vault Bones	201LUMB	32h	64h	—
Clinical Methodology	270METH	—	—	16h
Muscle Energy	205MUSC	32h	64h	—
Embryology	208EMBR	16h	32h	—
Embryology Online Course	208ONLINE	24h	—	—
Dorsal Spine and Ribs	202DOR1	32h	64h	—
Advanced Dorsal Spine Lesions, TMJ	203DOR2	40h	80h	—
Cervical Spine	204CERV	32h	64h	—
Integration Days	260INTE	—	—	16h
General Revision	240REV	8h	—	—
Upper Extremity	207UPPE	24h	48h	—
Lymphatics	209LYMP	8h	16h	—
Pharmacology	213PHAR	16h	32h	—
Oral Presentations	220ORAL	16h	32h	—
Practical Exam	222PRAC	8h	16h	—
Functional Emergency Technics	211URGE	32h	64h	—
Clinical Days	250CLID	—	—	32h
<b>Total hours</b>		<b>320h</b>	<b>576h</b>	<b>64h</b>



# Third-year program

<b>3</b> Third Year Program	Course ID.	In class/ Online	Home Study	Clinical Experience
Occiput/Atlas/Axis	301COAA	32h	64h	—
Integration Days	360INTE	—	—	16h
Bones of the Face	302BONE	32h	64h	—
Cranial Osteopathy - Advance Course	315ADVAN	8h	16h	—
Pathophysiology Digestive System	311PATHO	32h	64h	—
Research in Osteopathy	316RESE	32h	64h	—
Introduction to Digestive System	312INDIG	32h	64h	—
General Revision	325REOP	16h	—	—
Small and Large Intestines	314INTES	32h	64h	—
Hepatic System	313HEPAT	32h	64h	—
Review for Practical Exams	320REVI	16h	32h	—
Written Exam	321WRIT	8h	16h	—
Practical Exam	322PRAC	8h	16h	—
Clinical Days	380CLEX	—	—	32h
<b>Total hours</b>		<b>280h</b>	<b>528h</b>	<b>48h</b>



# Fourth-year program

<b>4</b> Fourth Year Program	Course ID.	In class/ Online	Home Study	Clinical Experience
Kidneys - Introduction to Gynaecology	408UR01	32h	64h	—
Bladder - Gynaecology and Obstetrics	409UR02	32h	64h	—
Integration Days	460INTE	—	—	16h
Pathophysiology, Cardio-Respiratory System	412PCAR	32h	64h	—
Radiology	419RADI	16h	32h	—
Respiratory System: Plura and Lungs	403RESP	32h	64h	—
Pericardium and Heart	405HEAR	32h	64h	—
Paediatrics and Newborns	414PEAD	24h	48h	—
Advanced Treatment of Children	415ADPE	8h	16h	—
Autoregulation System	410AUTO	32h	64h	—
Clinical days	480CLEX	—	—	32h
Clinical day (Paediatrics)	455CLNB	—	—	8h
General Revision	425REOP	16h	—	—
<b>Total hours</b>		<b>256H</b>	<b>480h</b>	<b>56h</b>



# Fifth-year program

<b>5</b> Fifth year Program	Course ID.	In class/ Online	Home Study	Clinical Experience
Review for Practical Exams	520REVI	16h	—	—
Written Exam	521WRIT	8h	—	—
Practical Exam	522PRAC	8h	—	—
Essay	581ESSA	2h	200h	—
Clinical Days	570CLEX	—	—	88h
<b>Total hours</b>		<b>34h</b>	<b>200h</b>	<b>88h</b>

<b>Grand total hours</b>	<b>1202h</b>	<b>2280h</b>	<b>304h</b>
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The CEO reserves the right to alter its programs without notice



# To meet our admission criteria

## ✓ You hold a bachelor in these health programs

- Medicine
- Physiotherapy
- Occupational therapy
- Sports and athletic therapy
- Chiropractic
- Kinesiology<sup>1</sup>
- Nursing science<sup>2</sup>
- Veterinary medicine<sup>2</sup>
- Midwives<sup>2</sup>

## ✓ You hold one of the following diplomas

- Acupuncture diploma<sup>2</sup>
- Doctorate in Naturopathic Medicine<sup>2</sup>
- Homeopathy diploma<sup>2</sup>
- Practical nursing diploma<sup>2</sup>

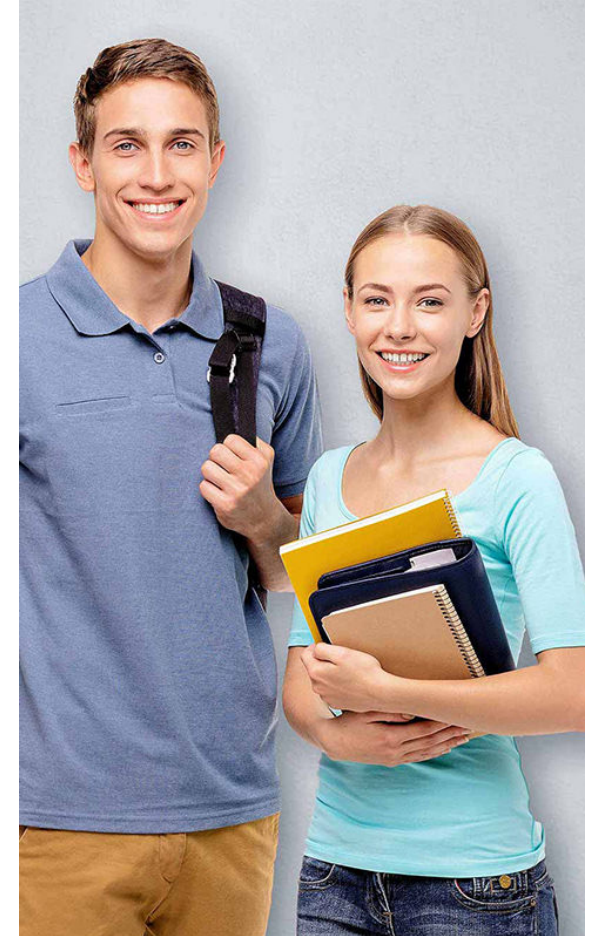
## ✓ You are a Massage Therapist

Massage Therapist		
2600-3000 hour-program	2200 hour-program or more with a university degree	2200 hour-program or more and no university degree <sup>1</sup>

- If you have a degree in a field unrelated to the program, or you only hold a high school diploma, you may be eligible for the full-time basic science program offered at our Montreal campus (please note the program is offered in French only).

<sup>1</sup> Pre-admissions course required (consists of a twenty online lesson course in basic anatomy and physiology).

<sup>2</sup> Pre-admissions course and 120 hours of additional clinic hours required.



# The strength of our Study Program

- Palpation courses
- Learn how to use the right technique in the right way
- Our clinical methodology





# Osteopathic techniques

## Osteoarticular adjustments

- The objective is to put the joints in motion without using force.
- The benefits: smoothness, precision, efficiency. That is why it is very much appreciated by patients.
- Usually, one technique is sufficient and does not need to be repeated to obtain relief.



# Myofascial

**In history, from the very beginning, osteopaths were the first to discover these excellent techniques.**

- There are many soft tissue methods in osteopathy as:
- The **myofascial release**, by Andrew T. Still and William Garner Sutherland D.O., the **muscle energy**, by Fred Mitchell, D.O., the strain counterstrain, by Laurence Jones, D.O.
- Palpation and knowledge of neurophysiology are important in this field including the work of Irvin Korr, PhD, Denslow, PhD, and Patterson, PhD.



# Cranial

- There is an internal movement that Sutherland called the Primary Respiratory Mechanism (9 to 12 cycles per minute).
- It tells you whether a region has vitality or not. This requires accurate palpation.
- It is very useful after concussions, for young children, after a difficult birth, chronic fatigue, headaches.



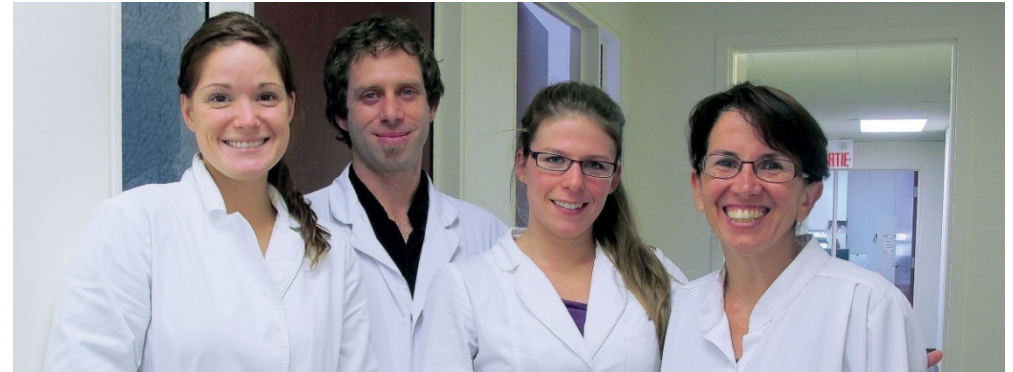
# Visceral

- Since the beginning of osteopathy, many osteopaths and D.O.M.P. have studied and developed therapeutic methods, particularly in gynaecology and obstetrics.
- The viscera are often the cause of dysfunction, inflammation and associated pain.
- We have received the pioneers in this field: Jean Pierre Barral, Philippe Druelle, Bernard Darrailans, René Briend, etc.



# CEO Halifax clinical methodology

- Enables the D.O.M.P. to itemize and prioritize global assessment findings by teaching a hierarchy of somatic dysfunction (SD). Your treatments will be more effective.
- The clinical methodology is very successful, and we teach it in many countries: Canada, USA, Russia, Japan, France, Italy, Germany, Switzerland.



# Work opportunities



- The people of Nova Scotia are becoming increasingly conscious of the usefulness and efficiency of natural manual therapy; this social tendency contributes to an increase in the demand for osteopathic care.
- There is a rising need for healthcare professionals, particularly osteopathic manual practitioners, due to the growth and aging of our population, which calls for more healthcare services. This is equally true for professionals practicing in rural areas, where there is a constant increase in demand for this type of service.
- Approximately 1,800 graduates, educated at our campuses across Canada, are actively and successfully practicing osteopathy. The public recognizes their competence and makes their satisfaction known.



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# CEO HALIFAX ADMISSION



Admissions Office  
Tel: 1-800-263-2816, ext. 229  
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[www.collegeosteo.com](http://www.collegeosteo.com)

